



Medical Assessment form

ALRA (Academy of Live and Recorded Arts) trains students to be professional actors. At 35 hours a week contact time, the course involves extensive physical and vocal training with 12 hours a week dedicated to these aspects of the course. Rehearsals and other acting training is practical and, by necessity, physical.

We need to know that the student is, in your professional opinion, fit enough to undertake the course.

NB – any issues the student may have will not preclude them from the course – but it is important for tutors to be able to assess and manage the student's activities.

STUDENT'S NAME _____

TITLE OF COURSE _____

Is the student's general health good?

Do you believe the student to be mentally and physically healthy enough to sustain a minimum of 35 hours a week of practical skills based training?

Is the student dependant on any medication?
If yes – what?

Does the student have any respiratory issues?

Does the student have any vocal/throat issues?

Does the student have any muscular issues?

Does the student have any skeletal issues?

Does the student have any allergies?

Are there any influencing factors which you think we should be aware of.

Name and signature of Doctor – please supply stamp or attach letter heading.