

ALRA Personal Development Plan – Part 1: Progress Evaluation

NAME:		Tutor:	
Tutorial Date:		Tutorial Time	

to be completed before your tutorial

Comment on any feedback for presentations/ assessments since your last tutorial?

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Thinking about the target you set yourself at the last tutorial – Evaluate your progress

Positives	Negatives

What other areas have you specifically achieved in?

Acting:

Voice:

Movement:

Contextual Studies:

How do you feel about your development?

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How does this link to feedback received?

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What would you do differently if you did it again?

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Are there any issues with outside of the curriculum ALRA might be able to support you with?

How will you approach resolving this issue?

Who can help you?

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ALRA Personal Development Plan – Part 2: Goal Setting

NAME:		Tutor:	
Tutorial Date:		Tutorial Time	
<i>to be completed during your tutorial</i>			
What areas do you need to develop?			
What are your specific goals?			
How do you plan to achieve these goals?			
What are the potential challenges you may encounter?			
How will you measure your progress?			
What resources do you need, if any?			
When do you plan to achieve these goals realistically?			