

ALRA Tutorial and progress plan – Term 1

NAME:

Tutor:

Tutorial Date:

Tutorial Time

to be completed before your tutorial

What has been your main experience in drama so far?

What was it that made you decide to train to become a professional actor?

What are your expectations of the ALRA programme?

What do you want to achieve at ALRA?

How do you learn best?

Do you think you have any obstacles to learning? (If so, what?)

Score yourself on a scale of 1 – 10 for these qualities? (10 is high)

Communication	
Working with others	
Problem solving	
Flexibility	
Creativity	
Positivity	
Empathy	
Self management	
Responsibility	
Objectivity	

Strengths?

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Weaknesses?

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There are many opportunities throughout the course – what are the threats to your development?

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How do you feel at the beginning of your course?

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Set some specific goals for the first term – these will be discussed at your first tutorial

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